

BIKE MULTI-MODAL COMMUTE TIPS



PERIMETER
CONNECTS
options @ the center



Q: Can I take my bike on MARTA?

A: You can take your bike on the train – anytime! MARTA has some additional **tips for doing so**.

Q: How do I ride from my house to MARTA?

A: **Google maps** actually has some pretty smart bike routing these days. And you can always ask the **Bike Mentor**!

Q: What about riding from MARTA to the office?

A: Perimeter has bike lanes that make it easy and comfortable to ride from the station to your office.

Q: What gear do I really need?

A: The two essential items are a helmet and a way to carry your stuff (we recommend a **pannier bag** if you plan to ride often, but a decent backpack will do the trick just fine). Some people like to choose different attire, but that's mostly a matter of how far you're riding, how much you perspire, and what you wear at work.



Q: I'm worried about being sweaty.

A: A simple and expedient alternative is to have a few baby wipes on hand once you arrive, and perhaps a change of clothes and deodorant. You'll feel more refreshed than your colleagues arriving from a stressful drive along 285!

Q: What if the weather is bad?

A: Check out our transit resources for your worksite for an easy fallback if the weather's bad. We also offer a free **Guaranteed Ride Home** program in case of unscheduled overtime or an emergency.

Q: What if I'm nervous, or have other questions?

A: Reach out to the **Bike Mentor** with any questions, or to have a helping hand with your ride!